



The surrounding landscapes reveal a narrative of man's work, shaping the land and tied to the coastline from one millennium to the next. For centuries humans have earned livelihoods from fishing, seafaring, trade and farming the coastal fringes, shaping the coastal landscape and carving out a unique history and tremendous cultural richness. It has exceptional heritage value. Morecambe Bay is permeated by proud cultural histories and holds a rich cultural heritage just waiting to be explored.



WILDLIFE



WELCOME



Discover Morecambe Bay's Accessible Routes For All Users.

More to Explore is developing a series of all-ability routes, supported by nearby venues where All Terrain Mobility Scooters can be hired free of charge. The aim is to open up parts of Morecambe Bay to a wider range of users from families with pushchairs to wheelchair users, allowing the discovery and exploration of the rich cultural and environmental heritage of the area.

Come and explore Morecambe Bay – experience the amazing sunsets, discover nature's amphitheatre and intriguing cultural heritage. Unearth your adventurous side on one of the most beautiful British coastlines.

The Bay's tides support important populations of wildlife and give rise to rare landforms and changing landscapes. During the 1990s, the sands, or mudflats around Grange-over-Sands, became grassland. The marshes now provide valuable grazing for flocks of sheep – salt-marsh reared lamb being a speciality of Lakeland restaurants! The mudflats are internationally significant for wildlife and provide important feeding grounds for birds such as oystercatchers, shelduck and curlew.

LANDSCAPE



More to Explore is developing a series of all-ability routes, supported by nearby venues where All Terrain Mobility Scooters can be hired free of charge. We are opening up Morecambe Bay to a wider range of users from families with pushchairs to wheelchair users, allowing the discovery and exploration of the rich cultural and environmental heritage of the area.

Visit the website www.moretoexplore.uk where you will find information on where and how to hire All Terrain Mobility Scooters around Morecambe Bay, downloadable maps, further route information, useful links to our other access projects and ideas for how to get more involved in the project through volunteering and fundraising.

More to Explore is brought to you by **Morecambe Bay Partnership**, a local charity that celebrates and conserves; connects and collaborates. Our supporters are making the Bay a better place by sharing skills, volunteering and donating. By working together we make great things happen. Support us at www.morecambebay.org.uk/donate

Photo Credits: Tony West, Jon Sparks, Dan Tierney & Morecambe Bay Partnership

A UNIQUE PLACE

Morecambe Bay stretches from the south west coast of Cumbria to Fleetwood in Lancashire, taking in coastal towns such as Grange-over-Sands, Morecambe and Heysham. The headlands of Morecambe Bay offer spectacular scale and grandeur, with wide-open vistas across the tidal sand and mud flats towards and the Lake District and the Bowland Fells.

The Bay also offers opportunities for a range of amazing wildlife experiences, like watching the oystercatchers and other waders march up the shore at Hest Bank, Bolton-le-Sands, in front of the advancing tides, or even looking for seals lazing around the south tip of Walney.


MØRECAMBE BAY
MORE TO EXPLORE
All-ability routes &
free All Terrain Mobility Scooter hire

📍 ROUTES 🗺️ MAPS ⓘ FREE HIRE
www.moretoexplore.uk



WESTFIELD GREENWAY A

The More to Explore project is keen to develop and promote more all-ability access routes. There are several potential future routes, including the Westfield Greenway that runs between Roa Island and Barrow. However, in the near future there will be planned works that will necessitate route diversions. We are hopeful that when the original route is reopened it will be reinstated to a high quality and provide an excellent addition to the More to Explore suite of all-ability access routes. In the meantime, there are trampers available for hire to explore nearby routes at Walney.

📍 7 km / 4.4 miles ⌚ 3 hours GRADE 🟢



GRADING INFO

- Grade 1:** Suitable for manual wheelchairs, as well as powerchairs and scooters. Routes are predominantly flat with largely smooth, bound surfaces. There is a good level of supporting services nearby.
- Grade 2:** More undulating than grade 1, best suited to scooters and powerchairs. Routes are generally on good tracks, although there may be stony or soft going stretches with shallow ruts. Gradients are limited to less than 1 in 10 with a maximum climb of 50 metres. There are usually some supporting service facilities en route or nearby.
- Grade 3:** Similar to grade 2, but with more height gain (up to 100 metres), and / or unavoidable stretches of more difficult ground. Supporting facilities are often available nearby, or within a short distance.
- Grade 4:** Routes that involve height gain up to 200 metres, including some steep and / or rough and technical sections. Consequently, ‘town’ scooters or powerchairs are unsuitable and a more robust off-road model is necessary to ensure safety. Supporting facilities may not be available en route or very nearby.
- Grade 5:** Routes that are some distance from roads on exposed hillsides over rough tracks with significant slopes, cambers and climbs. The routes involve longer stretches of rougher going than other grades, with steeper slopes (up to 1 in 5) and greater height gain (over 200 metres). Only suitable for robust models of powerchairs and scooters designed for off-road use. Supporting facilities are unlikely to be available en route or very nearby.

GRANGE PROMENADE & HAMPSFELL D E

Along the length of this route on Grange Promenade there are spectacular views over Morecambe Bay towards Arnside and Arnside Knott, with huge ever changing skies according to different seasons and time of day. The paved surface of the promenade is level and easy to use, with disabled toilets and an accessible cafe en route. There is an additional route, heading out of Grange that leads up towards Hampsfell Hospice. The route is rough and off-camber on bumpy ground and is ONLY SUITABLE for experienced All Terrain Mobility Scooter users.

📍 Grange Prom 4 km / 2.5 miles ⌚ 1.25 hours GRADE 🟡
📍 Hampsfell 5km / 3.2 miles ⌚ 2.5 hours GRADE 🔴



ULVERSTON CANAL B

Ulverston Canal is claimed to be the deepest, widest and straightest canal in the UK. This linear route follows the canal side path, and provides enjoyable access for all.

The canal path provides plenty of opportunity to spot wildlife and glimpses of the area’s industrial heritage. Canal Foot is on the coast and offers panoramic views across the Leven Estuary and Cartmel Sands. Looking inland towards Ulverston there are views of the Barrow Monument on Hoad Hill and Coniston Fells in the far distance. There are plans to develop more accessible circular routes in this area in the future.

📍 4.5 km / 2.8 miles ⌚ 2.5 hours GRADE 🟡



ARNSIDE EMBANKMENT & LEIGHTON MOSS F G

Arnside - There is a permissive footpath along the embankment of the old railway line. Apart from the short but steep tarmac ramp, which leads from the car park to the top of the embankment, the surface is level and easy to use although it’s not paved. Please stay on the embankment. The area below the embankment is tidal and the tide can approach very quickly.

RSPB Leighton Moss - The reserve boasts the largest reed bed in north-west England and is home to a wide range of wildlife including otters, bearded tits, marsh harriers and egrets. Come and visit the hides and explore a network of accessible trails.

📍 Arnside Embankment 3.2 km / 2 miles ⌚ 1.5 hours GRADE 🟡
📍 Leighton Moss 4.8 km / 3 miles ⌚ 2 hours GRADE 🟢



ROUDSEA WOOD NATIONAL NATURE RESERVE C

Lying at the head of the Leven Estuary, Roudsea Wood is one of Britain’s most important woodland sites. It’s varied geology has allowed a rich mosaic of woodland types to thrive, and to the east of the woodlands are the bogs of Roudsea and Holker Mosses. To the south the reserve borders the Greenodd Sands.

The 2.5km ‘Woodland Trail’ is more challenging with some areas of uneven ground.

📍 Woodland Trail 6km / 4 miles ⌚ 2.5 hours GRADE 🔵



MORECAMBE PROMENADE H

The wide promenade runs the length of the town, leading to Heysham village and the historic St. Patrick’s Chapel at the southern end. In the distance, on a clear day you will be able to see over to the Lakeland hills and Bowland Fells. Looking south the bulk of Heysham Nuclear Power Station provides a powerful focal point on the horizon.

There are plenty of facilities en route and a series of public art to enjoy, including a sculpture of the town’s most famous local – Eric Morecambe. The paved promenade is smooth, level and easy to negotiate for all users.

📍 16 km / 10 miles ⌚ 5 hours GRADE 🟡

